Calvin Coolidge Says:

NORTHAMPTON, Vt., Aug. 9.—Good health is one of our chief national assets. Yet, in spite of all the progress that has been made in the science of hygiene, the yearly losses in this country from the ravages of disease run into many hundreds of millions of dollars.

The discouraging feature of the situation is that much of this is needless. With the present knowledge of medicine, surgery and dentistry and the possibilities of preventive measures, oftentimes illness is only personal carelessness.

People give altogether too little attention to their health. They neglect to get sufficient fresh air and exercise. They are not careful enough of their diet. They overstrain their physical and nervous systems, with disastrous results.

Because illness makes us a liability to ourselves, our family and our community, we all have a personal obligation to keep well. To neglect the health is one of the most wasteful things a person can do. It is a violation of a moral duty. While both state and national agencies are alert to preserve health, the real success of all their efforts lies in the vigilance of the individual. If we would all think and try to live healthful lives we would greatly increase the power of the nation.

Calvin Coolidge

Calvin Coolidge Says:

NORTHAMPTON, Mass., Aug. 11.—All of the central part of the United States, and especially that region east of the Mississippi of which Kentucky, Tennessee and Virginia are the backbone, is suffering from lack of rain. There has been nothing to compare with it since 1874. The damage is very great and destitution is threatening some sections. Probably there will be considerable reduction in agricultural products.

The national and local governments are already moving to relieve present and future distress and prevent further loss so far as possible. As they always do in every emergency, those great public servants, the railroads, are responding to the resulting needs of the people. But there is yet no prospect of general food shortage or distress. This is a large country. When it is dry in one part, there is moisture in other parts. Seed time and harvest have never yet failed us.

This experience shows that no one can foretell what crops the weather will produce in any specific season and clearly demonstrates that if acreage is reduced so that production is not excessive, prices will be higher. A temporary surplus or temporary shortage that might then result can be remedied. It is the permanent surplus that becomes unmanageable.

Calvin Coolidge